

PARENT CHILD PROGRAMME

PROGRAMME OVERVIEW AUGUST 2023 – OCTOBER 2023

Age Group- 24 months to 30 months

Duration – 21st August 2023 to 13th October 2023

Three days a week – Monday/ Wednesday/Friday

Timings- 2 hours (10:30 AM to 12:30 PM)

Schedule of the day

1 hour for Play based activities

15 minutes snack break

1 hour – Art or sensory activity/ Music and Movement/ Story and rhymes

Once in two weeks – Parent workshop

DEVELOPMENTALLY APPROPRIATE EXPERIENCES

Play- The Programme

Physical	Cognitive	Social Emotional
Body balance	Cause & Effect Problem Solver	Self- awareness
Balancing props	Problem Solver	Self-expression
Body co-ordination	Logical Thinker	Self-control
Playing with others.	Imagination and Creativity	Becoming aware of others needs

Music Programme - receptive to Expressive

Listens	-Recognizes songs -Anticipates phrase endings	-Attention on musical contrasts: Fast/slow, Loud/soft
Sings	-Fragments of songs -Phrase ending patterns	-Improvises songs with fragments -Focus on words
Moves	-Actions & finger plays -Acts out words of song	-Synchronizes steady beat with music when patting
Explores instruments	-Explores & Experiments ways to play instruments -Can imitate a simple pattern	Synchronizes beat response by tapping, jumping or moving

Art Programme - Free exploration of materials

Drawing	Vertical, Horizontal lines Experiments with scribbling	Connects lines Scribbles shapes	Start to tell stories about their artwork
Painting	Randomly mixes colours	-Uses whole area/ paper -Combines colours with purpose	Symbols from own life/ experiences
Tactile	Begins making free form- patting, rolling	Rolls snake like form Forms balls	-Starts 3 -D formations- ball -Creates for pretend play or function

Building	Repeatedly knocking and re-building same structures	-Balances stacks of blocks -Lines blocks in a vertical line on the floor	-Starts to engage with peers while building -Tests durability or function of structures
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Topics for Parent Workshops

- Play is important for Learning in the Early Years
- Music and Movement has a positive impact on young children
- Healthy Eating in the Early Years
- Social and Emotional well-being in the Early Years