

## Breakfast Menu From - 13th to 19th May -2019

EARLY MORNING MILK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Date	13-05-2019	14-05-2019	15-05-2019	16-05-2019	17-05-2019	18-05-2019	19-05-2019
Milk/Bournvita/ Horlicks	Milk / Bourn Vita	Milk / Bourn Vita	Milk / Bourn Vita	Milk / Bourn Vita	Milk / Bourn Vita		
Cookies/Rusk	Salted Cookies	Butter Scotch Cookies	Chocolate Cookies	Cookies	Biscuit		
BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk
Bread	Multi-Grain & Whole-Wheat Breads	Multi-Grain & Whole-Wheat Breads	Multi-Grain & Whole-Wheat Breads	Multi-Grain & Whole-Wheat Breads	Multi-Grain & Whole-Wheat Breads	Multi-Grain & Whole-Wheat Breads	Multi-Grain & Whole-Wheat Breads
Butter /Cheese	Butter	Butter	Butter	Butter	Butter	Butter	Butter + Pea nut
Honey/Mixed Fruit Jam	Mixed Fruit Jam + Honey	Orange Marmalade + Honey	Mixed Fruit Jam + Honey	Mixed Fruit Jam+ Honey	Mixed Fruit Jam + Honey	Mixed fruit Jam + Honey	Honey & Jam
Breakfast Cereals	Kelloggs Cornflakes & Muesli	Kelloggs Cornflakes & Muesli	Kelloggs Cornflakes & Muesli	Kelloggs Cornflakes & Muesli	Kelloggs Chocos & Muesli	Kelloggs Cornflakes + Muesli	Kelloggs Cornflakes + Muesli
Egg	Egg Bhurji	Cracked Wheat & Barley Porridge	Boiled Egg	Boiled Egg	Egg Bhurji	Egg Omlet	Egg Omlet
Savoury	Vada Rasam	Puri Sabji	Vermicelli Upma	Cottage Cheese Puff Roll	Vada Pao	Laccha Paratha	Oat & Vegetable Roll
Fruit		Water Melon		Grapes			
<b>Midday Recess At 11.00 Am</b>							
	Banana	Chocolate Cookies	Glucon -D Orange	Whole Wheat & Oat Muffin	Glucon - D-Lemon	Tuck shop	Fruit Seasonal



		Dinner Menu From- 13th to 19th May 2019						
DINNER	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Date	13-04-2019	14-04-2019	15-04-2019	16-04-2019	17-04-2019	18-04-2019	19-04-2019	
Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	
Roti	Whole Wheat Roti	Whole Wheat Roti	Whole Wheat Roti	Whole Wheat Roti	Whole Wheat Roti	Whole Wheat Roti	Whole Wheat Roti	
Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed rice	Steamed Rice	Steamed Rice	Steamed Rice	
Lentil	Dhaba Daal Fry	Daal Makhani	Boondi Raita	Rajma Masala	Daal Fry	Whole Masoor Makhani	Yellow Daal Tarka	
Chicken /Fish /Mutton/Egg	Five Spice Oriental Chicken	Korean Egg fried Rice	Chicken Biryani	Crumbed fish Finger + Tartar Sauce	Chicken Hong Kong Style	Fish Pepper Salt	Rara Chicken	
Paneer/Tofu/Soya Chap/	Paneer Khurchan	Matar Paneer	Vegetable Biryani	Tawa grilled Sweet Potato Paneer & Onion	Paneer Masaladar	Paneer Methi Malai	Paneer keema Curry	
Vegetable/Soup	Jackfruit & Potato Curry	Mushroom Chilli Capsicum	Potato & Nutrila	Potato & Cauliflower	Tomato Soup + Bread Toast	Talumen Soup Veg/Chicken	Minestrone Soup + Dinner Roll	
International	Five Spice Oriental Chicken	Maggi Noodle	Korean Conjee Chicken	Crumbed fish Finger + Tartar Sauce	Chicken Hong Kong Style	Fish Pepper Salt	Chicken/Tofu in Spicy Thai Satey Sauce	
Dessert	Brownie (Eggless)	Chocolate Custard	Fresh Mango Souffle (Egg Less)	Nutella & Crumb Cake	Fresh Mango Pudding	Ice-cream Casata	Chocolate Profit	
Night Milk For Boarders After Dinner at 9.10 (PM)								
NIGHT MILK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Milk/Bournvita/ Horlicks	Milk /Bourn Vita	Milk /Horlicks	Milk /Bourn Vita	Milk /Horlicks	Milk /Horlicks	Milk / Bourn Vita	Milk / Bourn Vita	

All Bakery product made inhouse with Whole Wheat (Atta) & Multigrain Atta in proportion along with whole multigrain .

## Lunch Menu for Nursery & KG From 13th to 19th May -2019

Lunch	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Date	13-04-2019	14-04-2019	15-04-2019	16-04-2019	17-04-2019
Salad-	Cucumber & Onion	Cucumber & Tomato	Cucumber & onion	Cucumber & Carrot	Cucumber & Tomato
Rice (Sela Rice )	Steamed Sela Rice	Steamed Sela Rice	Steamed Sela Rice	Steamed Rice	Steamed Rice
Roti ( Whole wheat)	Roti	Roti	Roti	Roti	Roti
Raita/ Plain Curd	Plain Curd	Plain Curd	Plain Curd	Plain Curd	Plain Curd
Pulses / Daal	Green Moong Daal	Yellow Daal fry	Chole Amritsari	Daal Triveni	Kadhi Pakora
Vegetable- /Paneer	Bhindi Do Pyaza	Soya Keema Peas	Potato & Bitter Gourd	Paneer & Makhana Kolha Puri	Louki Chana
International	Hakka Noodle	Whole Wheat Pizza	Pad Thai Noodle With Greens	Penne Pasta	Corn & Zucchini in Thai Red Curry
Bread/Egg	Bread Roll Sandwich	Biryani Rice	Egg Fried Rice	Multigrain Bread Baked with T. Salsa	Egg & Fried Garlic Rice
Desserts ( Eggless )	Black forest Gateau	Suji Halwa	Jaggery & Dates Cake	Strawberry Cassata	Chocolate Mousse