

Breakfast Menu From-22nd to 28th April-2019

EARLY MORNING MILK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Date	22-04-2019	23-04-2019	24-04-2019	25-04-2019	26-04-2019	27-04-2019	28-04-2019
Milk/Bournvita/ Horlicks	Milk / Bourn Vita	Milk / Bourn Vita	Milk / Bourn Vita	Milk / Bourn Vita	Milk / Bourn Vita		
Cookies/Rusk	Salted Cookies	Butter Scotch Cookies	Chocolate Cookies	Cookies	Biscuit		
BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Milk	Milk	Milk		Milk	Milk	Milk	Milk
Bread	Multi-Grain & Whole-Wheat Breads	Multi-Grain & Whole-Wheat Breads	Multi-Grain & Whole-Wheat Breads	Multi-Grain & Whole-Wheat Breads	Multi-Grain & Whole-Wheat Breads	Multi-Grain & Whole-Wheat Breads	Multi-Grain & Whole-Wheat Breads
Butter /Cheese	Butter	Butter	Butter	Butter	Butter	Butter	Butter + Pea nut
Honey/Mixed Fruit Jam	Mixed Fruit Jam + Honey	Orange Marmalade + Honey	Mixed Fruit Jam + Honey	Mixed Fruit Jam+ Honey	Mixed Fruit Jam + Honey	Mixed fruit Jam + Honey	Honey & Jam
Breakfast Cereals	Kelloggs Cornflakes & Muesli	Kelloggs Cornflakes & Muesli	Kelloggs Cornflakes & Muesli	Kelloggs Cornflakes & Muesli	Kelloggs Chocos & Muesli	Kelloggs Cornflakes + Muesli	Kelloggs Cornflakes + Muesli
Egg	Egg Bhurji	Cracked Wheat & Barley Porridge	Boiled Egg	Boiled Egg	Egg Bhurji	Egg Omlet	Egg Omlet
Savoury	Vada Samber	Grilled Sandwich With Slice Cheese	Vada Pao	Poha Upma	Cottage Cheese Puff Roll	Laccha Paratha	Oat & Vegetable Roll
Fruit		Grapes		Grapes			
Midday Recess At 11.00 Am							
	Orange	Whole Wheat & Oat Fruit Cake	Banana	Atta Cookies	Banana	Tuck shop	Fruit Seasonal

		Dinner Menu From - 22nd to 28th April-2019						
DINNER	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Date	22-04-2019	23-04-2019	24-04-2019	25-04-2019	26-04-2019	27-04-2019	28-04-2019	
Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	
Roti	Whole Wheat Roti	Rumali Roti	Whole Wheat Roti	Whole Wheat Roti	Whole Wheat Roti	Whole Wheat Roti	Whole Wheat Roti	
Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed rice	Steamed Rice	Steamed Rice	Steamed Rice	
Lentil	Daal Tarka	Daal Makhani	Masala Chach	Daal Fry	Chole	Yellow Daal fry	Dum Aloo Punjabi	
Chicken /Fish /Mutton/Egg	Chicken Afgani	Korean fried Rice	Chicken Biryani +	Fish In Schezwan Sauce	Chicken Chilli Oyester	Chicken Shumai	Fish Cutlet + Cocktail Sauce	
Paneer/Tofu/Soya Chap/	Kadai Soya Chap	Paneer Do Pyaza	Vegetable Biryani	Kadhai Paneer	Crispy Chilli Corn & Tofu	Matar Paneer	Paneer Manchurian	
Vegetable/Soup	Potato & Ivy Gourd	Jeera Aloo	Potato Soya Matar	Vegetable Tempura	Gobi Adraki	Vegetable & Noodle Clear soup	Chilli Garlic Fried Rice	
International	Conjee Chicken	Korean Rice Cake	Chicken Manchurian With Fried Rice	Fish In Schezwan Sauce	Chicken Chilli Oyester	Chicken/Vegetable Shumai	Fish Cutlet + Cocktail Sauce	
Dessert	Mango Pudding	Fudge Cake	Chocolate Tart	Orange Souffle	Profit Roll	Assorted Pastry	Apple Honey Pie	
Night Milk For Boarders After Dinner at 9.10 (PM)								
NIGHT MILK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Milk/Bournvita/Horlicks	Milk /Horlicks	Milk /Horlicks	Milk /Horlicks	Milk /Horlicks	Milk /Horlicks	Milk / Bourn Vita	Milk / Bourn Vita	

All Bakery product made inhouse with Whole Wheat (Atta) & Multigrain Atta in proportion along with whole multigrain .

Lunch Menu for Nursery & KG From - 22nd to 26th April-2019

Lunch	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Date	22-04-2019	23-04-2019	24-04-2019	25-04-2019	26-04-2019		
Salad-	Cucumber & Onion	Cucumber & Onion	Cucumber & Onion	Cucumber & Carrot	Cucumber & Tomato		
Rice (Sela Rice)	Steamed Sela Rice	Steamed Sela Rice	Steamed Sela Rice	Steamed Rice	Steamed Rice		
Roti (Whole wheat)	Roti	Roti	Roti	Roti	Roti		
Raita/ Plain Curd	Plain Curd	Plain Curd	Plain Curd	Plain Curd	Plain Curd		
Pulses / Daal	Masoor Makhani	Yellow Daal Tarka	Rajmah	Moong Daal Fry	Masoor Makhani		
Vegetable- /Paneer	Matar Paneer	Vegetable Kofta Curry	Paneer Makhani	Paneer Jalfrazi	Tandoori Vegetable		
International	Pitta Bread & Hammus Salsa	Whole Wheat Penne in Pestro Sauce	Padthai Noodle Stirfried	Mushroom Babycorn Chilli Capsicum	Korean Rice Cake		
Desserts (Eggless)	Chocolate Truffle Cake	Sevian Kheer	Fruit Custard	Straw Berry & Vanilla Ice cream Cassata	Tiramisu		