

## Breakfast Menu From- 29th October to 4th November -2018

EARLY MORNING MILK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Date	29-10-18	30-10-18	31-10-18	01-11-18	02-11-18	03-11-18	04-11-18
Milk/Bournvitta/ Horlicks	Milk / Bourn Vita	Milk / Bourn Vita	Milk / Bourn Vita	Milk / Bourn Vita	Milk / Bourn Vita		
Cookies/Rusk	Jeera Cookies	Butter Scotch Cookies	Chocolate Cookies	Cookies	Biscuit		
BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk
Bread	Multi-Grain & Whole-Wheat Breads	Multi-Grain & Whole-Wheat Breads	Multi-Grain & Whole-Wheat Breads	Multi-Grain & Whole-Wheat Breads	Multi-Grain & Whole-Wheat Breads	Multi-Grain & Whole-Wheat Breads	Multi-Grain & Whole-Wheat Breads
Butter /Cheese	Butter	Butter	Butter	Butter	Butter	Butter	Butter & Peanut Butter
Honey/Mixed Fruit Jam	Mixed Fruit Jam + Honey	Mixed Fruit Jam + Honey	Mixed Fruit Jam + Honey	Mixed Fruit Jam+ Honey	Mixed Fruit Jam + Honey	Mixed fruit Jam + Honey	Honey & Jam
Breakfast Cereals	Kellogg's Cornflakes & Muesli	Kellogg's Cornflakes & Muesli	Kellogg's Cornflakes & Muesli	Kellogg's Chocos + Muesli	Kellogg's Cornflakes + Muesli	Kellogg's Chocos + Muesli	Kellogg's Cornflakes + Muesli
Egg	Egg Bhurji	Sambar	Boiled Egg	Egg Bhurji	Boiled Egg	Egg Bhurji	Boiled Egg
Savoury	Pao Bhaji	Vada	Grilled Cheese Sandwich	Poha Upma	Vegetable Patty	Missi Roti , Dahi & Sabji	French Toast/Masala Toast

### Midday Recess At 11.00 Am

	Fruit Muffin Egg less	Apple	Multigrain Cookies	Banana	Glucon-D-Orange	Tuck Shop	Glucon-D orange
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## Lunch Menu From- 29th October to 4th November -2018

Lunch	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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Dinner Menu From- 29th October to 4th November -2018							
DINNER	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Date	29-10-18	30-10-18	31-10-18	01-11-18	02-11-18	03-11-18	04-11-18
Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad
Roti	Whole Wheat Roti	Whole Wheat Roti	Whole Wheat Roti	Whole Wheat Roti	Whole Wheat Roti	Whole Wheat Roti	Whole Wheat Roti
Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed rice	Steamed Rice	Steamed Rice	Steamed Rice
Lentil	Daal Triveni	Daal Makhani	Aloo Chole	Whole Masoor	Matar Paneer	Rajmah	Daal Mung Masoor
Chicken /Fish /Mutton/Egg	Chicken Masala	Korean egg Fried Rice	Mutton Biryani	Thai Baked fish Bean sauce	Thai Chicken & Cabbage Steamed Roll	Chicken Curry	Chicken Do Pyaza
Paneer/Tofu/Soya Chap/Vegan Sausage/	Paneer Razella	Paneer Lababdar	Paneer & Veg Biryani	Potato & Cauliflower	Thai Corn & Soya Steamed Roll	Paneer	Paneer DO Pyaza
Vegetable/Soup	Korean Noodle Soup With Chicken/Tofu	Tomato Soup & garlic Bread	Thai Coconut milk Soup Chicken/Veg	Maggi Noodle	Korean Seaweed & Mushroom Soup chicken/Veg	Chinese Fish Ball & Noodle Soup	Punjabi Dum Aloo
International	Thai Red Curry Chicken	Korean Susi Roll & Kimchi	Korean Miso Chicken & Rice Cake	Thai Baked fish Bean sauce	Thai Chicken & Cabbage Roll	Crispy Korean Chicken with Kimchi	Stir-fried Chicken With Pokchoy
Dessert	Profit Roll	Rice Kheer	Assorted Pastry	Dates Pudding	Eclier	Cassata	Orange Souffle
Night Milk For Boarders After Dinner at 9.10 (PM)							
NIGHT MILK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Milk/Bournvitta/ Horlicks	Milk /Horlicks	Milk /Horlicks	Milk /Horlicks	Milk /Horlicks	Milk /Horlicks	Milk / Bourn Vita	Milk / Bourn Vita

All Bakery product made inhouse with Whole Wheat (Atta) & Multigrain Atta in proportion

### Lunch Menu From- 29th October to 2nd November -2018

Lunch	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Date	29-10-18	30-10-18	31-10-18	01-11-18	02-11-18		
Salad-	Cucumber & Tomato	Green salad	Cucumber & onion	Cucumber & Carrot	Cucumber & Tomato		
Rice (Sela Rice )	Steamed Sela Rice	Steamed Sela Rice	Steamed Sela Rice	Steamed Rice	Steamed Rice		
Roti ( Whole wheat)	Roti	Roti	Roti	Roti	Roti		
Raita/ Plain Curd	Plain Curd	Plain Curd	Plain Curd	Plain Curd	Plain Curd		
Pulses / Daal	Daal Masoor (Whole)	Yellow Daal (Arhar)	Daal Rajmah	Daal Fry	Kari Pakora		
Vegetable- /Paneer	Matar Paneer	Paneer Makhani	Potato Peas & Soyabean	Paneer & Vegetable Kolha Puri	Potato Peas & Capsicum		
International	Whole Wheat Pasta in Tomato & Cheese Sauce	Whole Wheat Pizza With Mozzarella Topping	Stirfried Pad Thai Noodle	Hakka Noodle	Garlic & Spinach Toast		
Desserts	Chocolate Truffle Cake	Keshri Suji Halwa	Browniee	Chocolate Mousse	Jaggery & Dates Cake		