

## Breakfast Menu From- 06th to 12th Aug-2018

EARLY MORNING MILK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Date	06-08-18	07-08-18	08-08-18	09-08-18	10-08-18	11-08-18	12-08-18
Milk/Bournvitta/ Horlicks	Milk / Bourn Vita	Milk / Bourn Vita	Milk / Bourn Vita	Milk / Bourn Vita	Milk / Bourn Vita		
Cookies/Rusk	Jeera Cookies	Butter Scotch Cookies	Chocolate Cookies	Cookies	Biscuit		
BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Milk	Milk &	Milk	Milk	Milk	Milk	Milk	Milk
Bread	Multi-Grain & Whole-Wheat Breads	Multi-Grain & Whole-Wheat Breads	Multi-Grain & Whole-Wheat Breads	Multi-Grain & Whole-Wheat Breads	Multi-Grain & Whole-Wheat Breads	Multi-Grain & Whole-Wheat Breads	Multi-Grain & Whole-Wheat Breads
Butter /Cheese	Butter	Butter	Butter	Butter	Butter	Butter	Butter
Honey/Mixed Fruit Jam	Mixed Fruit Jam + Honey	Orange Marmalade + Honey	Mixed Fruit Jam + Honey	Mixed Fruit Jam+ Honey	Mixed Fruit Jam + Honey	Mixed fruit Jam + Honey	Honey & Jam
Breakfast Cereals	Kellogg's Cornflakes & Muesli	Kellogg's Cornflakes & Muesli	Kellogg's Chocos & Muesli	Kellogg's Cornflakes + Muesli	Kellogg's Cornflakes + Muesli	Kellogg's Cornflakes + Muesli	Kellogg's Cornflakes + Muesli
Egg	Boiled Egg	Paneer Sabji	Egg Bhurji	Boiled Egg	Boiled Egg	Egg Omlet	Egg Bhurji
Savoury	Pao Bhaji	Whole Wheat Puri	Poha Upma + Rasa	Veg Patty	Grilled Cheese Sandwich	Missi Roti + Curd	Vegetable Stuffed Chilla
Midday Recess At 11.00 Am							
	Oat Cookies	Banana	Multigrain Cookies	Banana	Glucon-D-Lemon	Juice	Juice



Dinner Menu From- 06th to 12th Aug-2018							
DINNER	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Date	06-08-18	07-08-18	08-08-18	09-08-18	10-08-18	11-08-18	12-08-18
Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad
Roti	Whole Wheat Roti	Whole Wheat Roti	Whole Wheat Roti	Whole Wheat Roti	Whole Wheat Roti	Whole Wheat Roti	Whole Wheat Roti
Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed rice	Steamed Rice	Steamed Rice	Steamed Rice
Lentil	Moong & Masoor	Pindi Chole	Vegetable Raita	Whole Masoor	Daal Fry	Black Chana	Mung Daal Fry
Chicken /Fish /Mutton/Egg	Dahi Methi Murg	Chilli Garlic fried Rice	Chicken Biryani	Fish finger with Tartar Sauce	Karahi Chicken Keema	Fish Manchurian	Grilled Chicken
Paneer/Tofu/Soya Chap/Vegan Sausage/	Paneer Do-Pyaza	Kadhai Paneer	Aloo Matar SoyaBean	Paneer Razella	Paneer Masaladar	Paneer Methi Malai	Paneer Makhani
Vegetable/Soup	Matar Mushroom	Vegetable & Noodle Soup	Vegetable Biryani	Potato & Black Chana	Dahi Aloo	Veg Peppersalt	Aloo & Tomato Bhaji
International	Thai Chicken Curry	Korean Rice Cake & Whole Wheat Pasta	Korean Chicken Fried Rice	Fish finger with Tartar Sauce	Khao Suey (Veg. / Non-veg.)	Fish Manchurian	Grilled Chicken
Dessert	Truffle Delight	Brownie/Egg less	Pineapple Cheese Cake	Phirni	Mango Eclier	Strawberry Cassata	Chocolate Souffle
Night Milk For Boarders After Dinner at 9.10 (PM)							
NIGHT MILK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Milk/Bournvitta/ Horlicks	Milk /Horlicks	Milk /Horlicks	Milk /Horlicks	Milk /Horlicks	Milk /Horlicks	Milk / Bourn Vita	Milk / Bourn Vita

All Bakery product made inhouse with Whole Wheat (Atta) & Multigrain Atta in proportion

### Lunch Menu for Nursery & KG From- 06th to 12th Aug-2018

Lunch	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Date	06-08-18	07-08-18	08-08-18	09-08-18	10-08-18		
Salad-	Salad Bar +Sprourt Salad	Cucumber & Tomato	Cucumber & onion	Cucumber & Carrot	Cucumber & Tomato		
Rice (Sela Rice )	Steamed Sela Rice	Steamed Sela Rice	Steamed Sela Rice	Steamed Rice	Steamed Rice		
Roti ( Whole wheat)	Roti	Roti	Roti	Roti	Roti		
Raita/ Plain Curd	Cucumber Raita	Plain Curd	Plain Curd	Boondi Raita	Plain Curd		
Pulses / Daal	Daal Fry	Masoor makhni	Rajmah Masala	Moong Daal Fry	Daal Makhani		
Vegetable- /Paneer	Paneer & peas	Potato Peas & Nutri Soya	Bhindi Do Pyaza	Palak Paneer	Peas Carrot & Beans		
International	Penne In Pestro Sauce	Whole Wheat Pizza Mozzerella Cheese Topping	Jeera Aloo	Toasted Herb Bread With Salsa .	Vegetable Hakka Noodle		
Desserts	Tiramisu	Suji Halwa	Mango Souffle	Dates Pudding	Chocolate Mousse		