

Breakfast Menu From - 14th to 20th May - 2018

EARLY MORNING MILK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Date	14-05-18	15-05-18	16-05-18	17-05-18	18-05-18	19-05-18	20-05-18
Milk/Bournvita/Horlicks	Milk / Bourn Vita	Milk / Bourn Vita	Milk / Bourn Vita	Milk / Bourn Vita	Milk / Bourn Vita		
Cookies/Rusk	Salted Cookies	Butter Scotch Cookies	Chocolate Cookies	Cookies	Biscuit		
BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk
Bread	Multi-Grain & Whole-Wheat Breads	Multi-Grain & Whole-Wheat Breads	Multi-Grain & Whole-Wheat Breads	Multi-Grain & Whole-Wheat Breads	Multi-Grain & Whole-Wheat Breads	Multi-Grain & Whole-Wheat Breads	Multi-Grain & Whole-Wheat Breads
Butter /Cheese	Butter	Butter	Butter	Butter	Butter	Butter	Butter + Pea nut
Honey/Mixed Fruit Jam	Mixed Fruit Jam + Honey	Orange Marmalade + Honey	Mixed Fruit Jam + Honey	Mixed Fruit Jam+ Honey	Mixed Fruit Jam + Honey	Mixed fruit Jam + Honey	Honey & Jam
Breakfast Cereals	Kelloggs Cornflakes & Muesli	Kelloggs Cornflakes & Muesli	Kelloggs Chocos & Muesli	Kelloggs Cornflakes & Muesli	Kelloggs Cornflakes & Muesli	Kelloggs Cornflakes + Muesli	Kelloggs Chocos & Muesli
Egg	Boiled Egg	Paneer & Potato Bhaji	Egg Bhurji	Boiled Egg	Egg Bhurji	Egg Boiled	Egg Omlet
Savoury	Pao Bhaji	Paratha Sabji	Vermicelli Upma	Paneer & Veg Roll	Bombay Grilled Cheese Sandwich	Puri Sabji	Croissant Sandwich
Fruit			Banana				
Midday Recess At 11.00 Am							
	Musk Melon	Orange	Butter Scotch Cookies	Banana	Glucon-D-Lemon	Fruit Seasonal	Fruit Seasonal

		Dinner Menu From- 14th to 20th May - 2018						
DINNER	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Date	14-05-18	15-05-18	16-05-18	17-05-18	18-05-18	19-05-18	20-05-18	
Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	
Roti	Whole Wheat Roti	Whole Wheat Roti	Whole Wheat Roti	Whole Wheat Roti	Whole Wheat Roti	Whole Wheat Roti	Whole Wheat Roti	
Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed rice	Steamed Rice	Steamed Rice	Steamed Rice	
Lentil	Moong Daal fry	Daal Bukhara	Yellow Daal	Rajmah	Yelow Daaal Tarka	Daal Fry	Moong Daal Tadka	
Chicken /Fish /Mutton/Egg	Baked Chicken	Sweet Corn Cilantro Soup	Chicken Hong Kong style	Fish Finger + Tartar Sauce	Korean Gochu jang Chicken	Fish Ball Manchurian	Bhuna Chicken	
Paneer/Tofu/Soya Chap/	Matar Mushroom	Kadhai Paneer	Chilli Paneer	Tandoori Soyachap & Vegetable	Paneer Razella	Paneer Lababdar	Sahi Paneer	
Vegetable/Soup	Achari Onion Potato & Capsicum	Jeera Aloo	Aloo Gobi	Aloo Matar Masaladar	Bhindi Do Pyaza	Taichin Potato	Veg Kofta Curry	
International	Baked Chicken	Korean Vegan Sausage & Noodle	Chicken Hong Kong Style	Fish Finger + Tartar Sauce	Kung Pao Chicken	Fish Ball Manchurian	Korean chicken Dasida with Noodle	
Dessert	Truffle Delight	Eggless Souffle	Tiramisu	Dates Pudding	Profit Roll	Mango Souffle	Chocolate Fudge Cake	
Night Milk For Boarders After Dinner at 9.10 (PM)								
NIGHT MILK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Milk/Bournvita/ Horlicks	Milk /Horlicks	Milk /Horlicks	Milk /Horlicks	Milk /Horlicks	Milk /Horlicks	Milk / Bourn Vita	Milk / Bourn Vita	

All Bakery product made inhouse with Whole Wheat (Atta) & Multigrain Atta in proportion along with whole multigrain .

Lunch Menu for Nursery & KG From- 14th to 20th May - 2018

Lunch	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Date	14-05-18	15-05-18	16-05-18	17-05-18	18-05-18		
Salad-	Cucumber & Tomato	Cucumber & Tomato	Cucumber & onion	Cucumber & Carrot	Cucumber & Tomato		
Rice (Sela Rice)	Steamed Sela Rice	Steamed Sela Rice	Steamed Sela Rice	Steamed Rice	Steamed Rice		
Roti (Whole wheat)	Roti	Roti	Roti	Roti	Roti		
Raita/ Plain Curd	Plain Curd	Plain Curd	Plain Curd	Boondi Raita	Plain Curd		
Pulses / Daal	Black Masoor	Yellow Daal Tarka	Daal Makhani	Chole Amritsari	Samber		
Vegetable- /Paneer	Paneer Makhani	Soya keema Peas & Carrot	Matar paneer	Jeera Aloo	Black Chana & Potato		
International	Stir-fried Pasta	Whole Wheat Pizza With Mozzarella Topping	Garlic Bread	Pad Thai Noodle + Peanut Sauce	Idly (Steamed Rice Cake)		
Desserts	Butter Scotch Cake	Fruit Custard	Ice cream Cassata	Chocolate Mousse	Brownie		