

Breakfast Menu From - 16th to 22 April - 2018

EARLY MORNING MILK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Date	16-04-18	17-04-18	18-04-18	19-04-18	20-04-18	21-04-18	22-04-18
Milk/Bournvita/ Horlicks	Milk / Bourn Vita	Milk / Bourn Vita	Milk / Bourn Vita	Milk / Bourn Vita	Milk / Bourn Vita		
Cookies/Rusk	Salted Cookies	Butter Scotch Cookies	Chocolate Cookies	Cookies	Biscuit		
BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY (HOLI)	SATURDAY	SUNDAY
Milk	Milk	Milk		Milk	Milk	Milk	Milk
Bread	Multi-Grain & Whole- Wheat Breads	Multi-Grain & Whole- Wheat Breads	Multi-Grain & Whole- Wheat Breads	Multi-Grain & Whole- Wheat Breads	Multi-Grain & Whole- Wheat Breads	Multi-Grain & Whole- Wheat Breads	Multi-Grain & Whole- Wheat Breads
Butter /Cheese	Butter	Butter	Butter	Butter	Butter	Butter	Butter + Pea nut
Honey/Mixed Fruit Jam	Mixed Fruit Jam + Honey	Orange Marmalade + Honey	Mixed Fruit Jam + Honey	Mixed Fruit Jam+ Honey	Mixed Fruit Jam + Honey	Mixed fruit Jam + Honey	Honey & Jam
Breakfast Cereals	Kelloggs Cornflakes & Muesli	Kelloggs Cornflakes & Muesli	Cracked Wheat & Barley Porridge	Kelloggs Cornflakes & Muesli	Kelloggs Chocos & Muesli	Kelloggs Cornflakes + Muesli	Kelloggs Cornflakes + Muesli
Egg	Boiled Egg	Paneer & Potato Bhaji	Egg Bhurji	Boiled Egg	Egg Bhurji	Egg Omlet	Egg Omlet
Savoury	Pao Bhaji	Whole wheat Puri	Vermicelli upma	Veg Patty	Vada Pao	Paratha Sabji	Bread Pakora
Fruit			Banana				
Midday Recess At 11.00 Am							
	Banana	Banana	Butter Scotch	Banana	Glucon-D-Lemon	Fruit Seasonal	Fruit Seasonal

		Dinner Menu From- 16th to 22 April - 2018						
DINNER	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Date	16-04-18	17-04-18	18-04-18	19-04-18	20-04-18	21-04-18	22-04-18	
Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	
Roti	Whole Wheat Roti	Whole Wheat Roti	Tandoori Roti	Whole Wheat Roti	Whole Wheat Roti	Whole Wheat Roti	Whole Wheat Roti	
Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed rice	Steamed Rice	Steamed Rice	Steamed Rice	
Lentil	Moong Daal Fry	Daal Bukhara	Yellow Dall Tarka	Rajmah	Dhania Sorba	Daal Fry	Moong Daal Tadka	
Chicken /Fish /Mutton/Egg	Baked Chicken Korean Bean Sauce	Egg fried Rice	Chicken Butter Masala	Fish Finger + Sauce	Chicken Biryani	Chilli Fish	Malai Chicken	
Paneer/Tofu/Soya Chap/	Bhindi Do Pyaza	Paneer Lababdar	Paneer Butter Masala	Achari Paneer	Potato & Black Chana Vegetable	Paneer Do Pyaza	Tandoori Paneer Tikka Khurchan	
Vegetable/Soup	Potato peas & Capsicum	Jeera Aloo	Sauted Corn & Capsicum	Aloo Methi Matar	Vegetable Biryani	Taichin Potato	Aloo Gobi	
International	Baked Chicken Korean Bean Sauce	Korean Rice cake & Vegetable Sausage	Tangsuyuk Chicken	Fish Finger + Sauce	Chicken & egg Fried Rice	Fish Tossed with Scallion+ Sweet chilli Sauce	Chicken With Fried Noodle	
Dessert	Truffle Delight	Eggless Gateau	Souffle	Dry fruit Pudding	Marble Cake	Strawberry Cassata	Fudge cake	
Night Milk For Boarders After Dinner at 9.10 (PM)								
NIGHT MILK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Milk/Bournvita/ Horlicks	Milk /Horlicks	Milk /Horlicks	Milk /Horlicks	Milk /Horlicks	Milk /Horlicks	Milk / Bourn Vita	Milk / Bourn Vita	

All Bakery product made inhouse with Whole Wheat (Atta) & Multigrain Atta in proportion along with whole multigrain .

Lunch Menu for Nursery & KG From- 16th to 22 April - 2018

Lunch	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Date	16-04-18	17-04-18	18-04-18	19-04-18	20-04-18		
Salad-	Cucumber & Onion	Cucumber & Tomato	Cucumber & onion	Cucumber & Carrot	Cucumber & Tomato		
Rice (Sela Rice)	Steamed Sela Rice	Steamed Sela Rice	Steamed Sela Rice	Steamed Rice	Steamed Rice		
Roti (Whole wheat)	Roti	Roti	Roti	Roti	Roti		
Raita/ Plain Curd	Plain Curd	Plain Curd	Plain Curd	Boondi Raita	Plain Curd		
Pulses / Daal	Daal Fry	Moong Daal	Chole Amritsari	Yellow Daal Tarka	Red Masoor		
Vegetable- /Paneer	Paneer Makhani	Soya keema Peas & Carrot	Dhania Aloo	Tandoori Vegetable Masala	Peas & Paneer		
International	Macaroni & onion Capsicum	Whole Wheat Pizza With Mozarella Topping	Hakka Noodle	Italian Bread Baked With Herb & Sauce	Rice noodle Stir-fried		
Desserts (Eggless)	Souffle	Fruit Custard	Ice cream Cassata	Chocolate Mousse	Brownie		