



GENESIS
GLOBAL SCHOOL

Issue 9 September 2016



THE BUGLE



Imaad Sayeed
3A

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Supported by: Mr. Pramod Sharma and Ms. Neeti Bhalla Saini

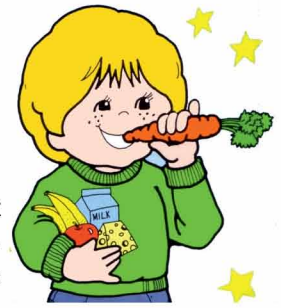


Junior School Annual Day

The Junior school of Genesis global school celebrated its 7th Annual Day on 17th September 2016. The Multi-Purpose Hall was full to its capacity with enthusiastic parents. The function was graced by Shri Bhure Lal Ji, Chairman of our school and Ms. Sanamdeep Chadha. It started with the lighting of the lamp, followed by the Principal, Mr. Pramod Sharma's welcome address and Annual Report of the school by the students. Shiv Vandana , a captivating dance was next. After it was the Junior School Musical play 'Alladin'. The mesmerizing performances by the young dancers and singers transported the audience into the Arabian lands. The children with their bright costumes, lively music and energetic and synchronized dances out-did themselves! The performance kept the audience glued to their seats. The programme was brought to a close after a vote of thanks by the Head Junior School, Ms. Neeti Bhalla Saini. The smiles on the parents' faces were a clear indication of the success of the show for which the school teachers and children had been tirelessly working for more than a month.

Asha Verma
Mentor





A Session with a lifestyle coach

On 28th of July we had an interaction with Ms. Pallavi Bhardwaj who is a lifestyle coach. It was a very interesting session and I learnt a lot from it. I learnt that wellness can be defined by five dimensions of health. We need to find a good balance between these five dimensions of health. These dimensions are:

- Emotional health – It is the ability to control our emotions and express them comfortably. A person’s emotions can either positively or negatively affect the other dimensions of wellness. Emotions have the power to control just about everything in life.
- Intellectual health – Intellectual health is defined as the ability to learn, grow from experience and use intellectual capabilities. It is healthy to engage in new and exciting activities.
- Spiritual health – Our spiritual health help us in discovering our own value and overall meaning in life. It basically means connecting to ourselves.
- Social health – It is the ability to have satisfying interpersonal relationships and interaction with others. We should find people whose company we enjoy and spend time with them.
- Physical health – It means the ability to carry out our daily tasks with rigour. We should have healthy eating habits and should exercise regularly. The way we treat our body, is usually the way it is going to treat us.

It is very important to find a balance between these five dimensions for a healthy lifestyle.

Lavanya Mishra

5 A

My Experience in Genesis Global School

Hi I am Ishita Bhardwaj and I study in grade 4. I am enjoying a lot but every one knows it is hard to settle in a new place. Yes, I am new at Genesis.

I miss my friends from my previous school but I know that I am going to make good friend over here too.

My class teacher’s name is Ms. Karishma and I really like her.

Genesis not only gives me a chance to explore new curriculum and subjects but also offers me so many sports and activities that it is hard to decide, which one to go for.

I think it won’t be an exaggeration if I say, that it has all the activities, I could ever think of!

I am so happy learning and seeing new things; it is like being born every day. It is a very good experience and I will tell everyone that Genesis is a wonderful world!!!

Ishita Bhardwaj

4 C



Waste Not,

Waste not!

Want not!

Coal, water, power and food

Is not there for good!

Shut the tap!

Put off the fan!

Don't burn the gas!

The sun is there

For all to use!

Nature is beautiful and huge!

But not to be misused!

Waste not!

Want not!

Arihant singh

3 B





Guest Speaker- School Doctor

On 26th July 2016 (Tuesday) we had a guest speaker who addressed our class - our school doctor Mrs. Anuradha Bishnoi. She asked us what we meant by a healthy body. Everybody said "eating healthy food." Then she explained that it meant being physically and mentally well. After a while she discussed the factors for a healthy lifestyle which are -

Exercise- It leads to a healthy body and makes us mentally active.

Balanced diet- We should eat green vegetables and fruits as they are a part of a balanced diet. A balanced diet also contains of fats, carbohydrates, proteins, etc. Growing children need more proteins and carbohydrates. Vitamins D is the only vitamin we can get from sunlight. It is good for health. Salads should be eaten for fibre. We should avoid junk food. We should drink more water-as it helps to flush out toxins from the body. It helps to hydrate the body. We should drink the amount of water we are satisfied with

Hygiene- To maintain hygiene we need to-

- Brush our teeth twice a day
- Take a bath daily
- Wash hands before eating
- Comb our hair, etc.

Rest- We need to rest because it helps in restoring our cells. Whenever we feel sleepy we should sleep (not in the school though!). We should sleep for seven hours a day. We should sleep at 9:00pm and get up at 5:00am.

Clean environment - is extremely essential for health. We should make happy and healthy people our friends to remain healthy. Smoking pollutes the air. It is unhealthy for all of us. We can also have cancer. Infections can spread in a dirty environment. There are 2 types of infections-

Communicable- That cannot pass from one person to another.

Non- communicable- That cannot pass from one person to another.

Posture- We should sit straight so that the spine is well aligned.

Oral hygiene- We should brush after every meal whenever possible. Our mouth is a very important part of the body. Betadine is the best anti germ mouth freshener.

We learnt a lot from our guest speaker and are thankful to her for teaching us so much.

Hana Aggarwal

5 A



Saint Teresa

Mother Teresa was the fourth Indian to attain sainthood on 4th September 2016 at Vatican in Rome. Saint Teresa was the icon of mercy and humanity. She was the Messiah of the poor and destitute. Her name was Gonxha Agnes Bojaxhiu. She was eighteen years old when she left home in Albania to join the nuns in Loreto. The following year she came to Calcutta in India. She had a vision of Jesus asking her to help the poor. Missionaries of Charity – a catholic congregation was born in 1950. Now it has spread around the world. To attain sainthood or canonization 2 miracles have to be proved. In 1998 a woman in West Bengal was cured and in 2008 an engineer was cured by praying to Mother Teresa when the doctors had given up. Her beautiful quotes are -

“People are often unreasonable and self-centred. Forgive them anyway.”

“A life not lived for others is not a life.”

Navya Kaur Makol
5 C



Balanced Diet

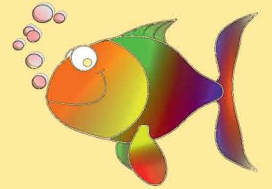
Balanced diet is a healthy diet Required for a mighty height. It contains vitamins, minerals and carbohydrate And Water is to rehydrate. If you're working all day long Carbohydrates keep you strong. Take at least six servings of it And it will keep you always fit. Build your muscles with proteins It will help you in your teens. Eat butter, ghee and oil for fat but do some yoga on the mat. Vitamins and minerals boost immunity Follow this poem and be a celebrity.

Mahatwa Kumar
5 D

I have a little fish

I have a little fish
Her name is Tiny Tim,
I put her in the bathtub
To see if she could swim,
She drank up all the water,
And gobbled up the soap!
And when she tried to talk,
She had a bubble in her throat!

Rudra Prakash Singh
5 C



My trip to Ujjain



My family and I went to Ujjain in May 2016. We went there by air. I had fun travelling. We enjoyed living in tents in Ujjain. My father runs a business of putting up tents. His staff worked very hard under high temperatures. Our other relatives also joined us. We took a

bath in the river Shipra. Initially I was scared to get into the water but slowly as I stepped into it I started enjoying the dip. It was an amazing feeling. Early in the morning at 4 o'clock we all went to the Mahakaal temple. Then we went to a restaurant to eat food. The food was delicious. I made new friends there. We came back with beautiful memories. It was a memorable trip.

Priyanshi Singhal
2 B



The Girl With The Magic Carpet

Once upon a time, not very long ago, there lived a girl in the village. The girl's name was Melody. She was a sweet and charming little girl. One day, when she was cleaning her house she saw a dusty old carpet in the closet. Melody cleaned up the carpet and sat on it to watch the television. In the television, she saw a boy sitting on a carpet. The carpet was just like the one she was sitting on. The boy made a wish that he should be able to fly on the carpet and the boy's wish came true; the carpet started flying. In the same way Melody tried to make a wish. Melody waited and waited and her wish also came true! Suddenly Melody's carpet started flying up in the air. She flew out into the sky. She was having a lot of fun exploring the world and everything was looking so tiny from the sky. Then, while she was enjoying her magical ride on the carpet, she saw that a lot of smoke was coming out from a house and there was no water to extinguish the fire. She quickly went to a nearby lake on her carpet, brought water in a big bucket and threw that water onto the fire. She extinguished the fire. Everyone thanked Melody for saving them, but Melody smiled and said "don't thank me, I did everything because of my Magic Carpet!" and she went for another joyful ride...

Amaira Varshney

2 A

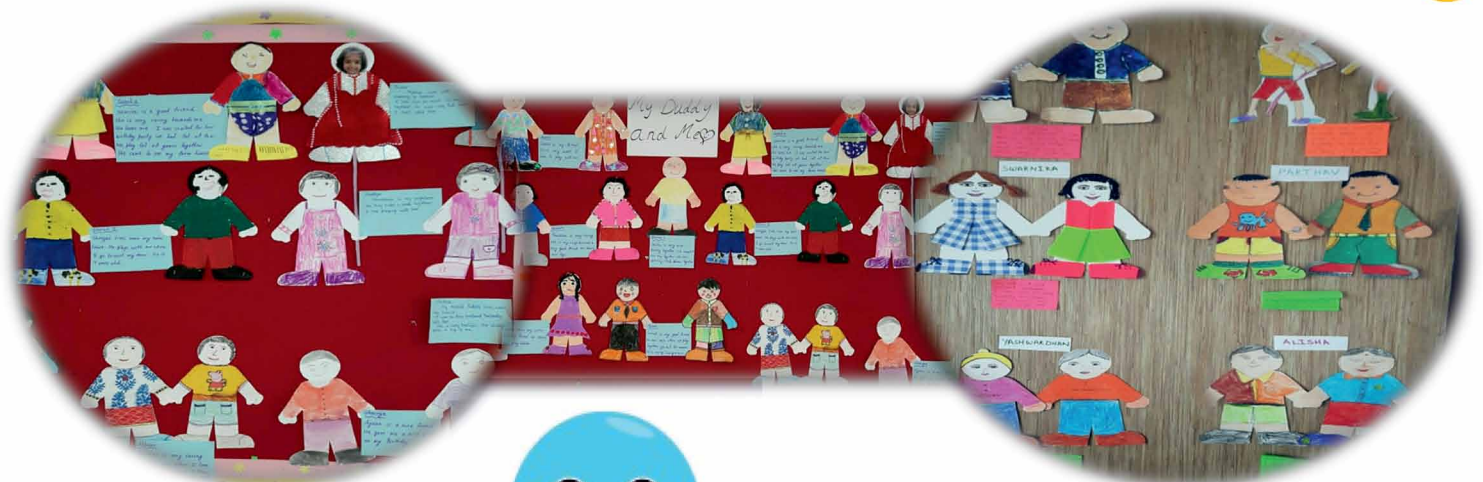


Friendship

During the summer holidays the early learners of Kindergarten worked on a project in which they made themselves and their buddy on paper templates. They dressed the templates beautifully using their vivid imagination. Learners spoke eloquently about their buddies and shared the PYP attitudes and attributes their friend possessed. They expressed their understanding about the value of friends and importance of friendship in their lives. Such public speaking opportunities helped them become better communicators and also have fun at the same time. It opened up channels of communication and stimulated emotional, imaginative and linguistic development while boosting their confidence and self-esteem.

Ms DARSHA SHARMA

Mentor



Grade Level Assemblies

This year the special class assemblies were performed by Grade 1 and Nursery.

These class assemblies provide a platform for the learners to build their confidence and overcome their inhibitions. The parents and teachers play an encouraging and supporting role to help the early learners excel all that they do.

Nursery

Janamashatami- the birth of lord Krishna, was marked on 24th August by the learners of Grade Nursery. The early learners put up a short assembly comprising of bhajans and dances to mark the importance of this day. The learners came in dressed as little Krishnas and Radhas and performed beautifully. They left the audience spell-bound by their performance.



in

Grade1

The young learners of Grade One presented their class assembly to a group of parents on Friday 12 August 2016. The theme was *Our Expression of Freedom*, marking India's 70th Independence Day. The learners sang two melodious songs and spoke a few lines about some freedom fighters who might not have gained national stature but were no less contributors to the freedom struggle of our nation. They ended the assembly with a zestful dance on the foot tapping number –'Give me freedom, give me fire'.

We are thankful to the parents who came in good numbers, for their cooperation and support in encouraging our learners and appreciating their performance.



Mentors

Grade 1 and Nursery

Transdisciplinary learning at its best!

"Family means putting your arms around each other and being there." - Barbara Bush. The early learners of Nursery inquired about different types of families, under the Theme: Who we are. The central idea of this unit was **"Family relationships contribute to shaping our identity"**. The learners compared the size of their family with the family of their peers. To understand that some families are bigger than the rest they all plotted a graph in which they placed blocks. Each block represented a family member. They also represented the same data on a bar graph which helped them differentiate between big and small families.



Mentors

Nursery



Actions

“I cannot do all the good that the world needs, but the world needs all the good that I can do.”-Jona Stanfield

As a part of Grade 3’s theme, ‘Sharing the planet’, with the central idea ‘Human actions can have an impact on the sustainability of world’s natural resources’, various interesting strategies and learning engagements like ‘Think, Pair, Share, KWL (know, wonder, learned), Bus stop activity’, were used with the learners to enhance their skills.

A contribution, no matter how small, in ensuring something better for the next generation has a direct bearing on the future of our society and our own quality of life. Keeping this noble thought in mind and to sustain our available natural resources the unit experienced a plethora of ideas and actions by our young learners. Nothing can be more rewarding and satisfying for a mentor than when a learner takes some valuable actions independently to make the world a better place to live. Here are some actions taken by the learners of Grade 3:



Arav Prasad (3C): There was lot of water leakage in a water pipe which supplied water to a fountain. Arav made sure that a complaint was lodged with the water department for repairs and after a few reminders the pipe was replaced. He now ensures that all taps and electric appliances are switched off if no one is around. He makes sure trash goes in appropriate garbage bins. Wastage of food by him is very minimal. He plants many plants alongside his mother and loves to take care of them regularly.

Sanvi Chadha (3 C): She always switches off the lights while leaving the room. She has been insisting that leftover water in the bottle water should not be wasted; the same water can be used for plantation.

Raghav Sharma (3 C): He understands the importance of electricity and always switches off the lights and the air conditioner when not in use.

Abhimanyu (3 B): Abhimanyu has become more conscious about conserving electricity. He switches off lights and fans in every room when not in use. He finishes the food on his plate and doesn't waste it.

Akshara (3 D): She stops and encourages children in the cafeteria to drink all the water in the glass and not waste it.

Pradyumana Rathi (3 D): He is particular that the water left in the sipper after school should not be thrown and should be used to water the plants.

Phuran (3 D): He saves energy and turns off lights, water and air -conditioners when not in use. He also classifies waste prior to disposal and uses cloth bags instead of plastic bags.

Divraaj Singh (3 A): He loves to recycle old water bottles and plant seeds in them. He always turns off the tap while brushing so that he doesn't waste water.

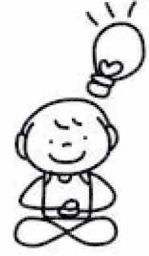
Helsha Mehra
3C Mentor



An Evening in Mumbai...

One evening, I was in Mumbai with my family, shopping for a laptop in a mall for my elder sister. While my sister was looking into the details of the laptop, I was playing with the video games next to the laptop store.

Suddenly, I turned back and was scared to see no one beside me. My sister, mom and dad were not there. I ran here and there inside the mall to find them but couldn't trace them. I was frightened but I did not panic at all. With a calm mind, I started thinking on what should be done. Suddenly an idea clicked, I went to the store manager and requested him to make a call on my father's number. He did so and I was able to talk to my father. It was a joyful moment for me. I made the store manager speak to my father and my father came rushing. I was united with my family. It was a moment of a lifetime for me. I promised my dad to be careful always while I was out in a mall or any other public place. Thus ended my day that was full of happenings.



Moral of the story: We should never be scared, whatever be the circumstances. With a cool mind, we can think better and find solutions to our problems.

Thank you for reading my story

Aryan Pujari
4 C

A visit to the library

It was a hot summer morning, I quickly got ready and was very excited as my father was taking all of us to the Children's Library in New Delhi. We had our breakfast and drove in our car to the library.

My father parked the car under a Jamun tree and across the road was the library. There were many books in it and the librarian was very helpful.

I picked up a few books and began to read them. I enjoyed reading the books as they were interesting. I sat there for a few hours. I signed up for the membership with the help of my mother. I issued books written by authors like - Ruskin Bond and Enid Blyton. There was a book on Fairy Tales too.

I enjoyed reading them all but my favourite was the book on fairy tales.

I look forward to visiting the library soon, it is one of my favourite places.

By Vaibhavi Chhabra
2 B

Summer Holidays

Summer O summer, nice and bright,
Sun is shining and smiling from a height,
Holding an umbrella in my hand,
I wait for the rains on dry land.
My holidays have begun,
I am going to have lots of fun.
More of mangoes and melons,
Tasty and yummy yum yum yum
Enjoying ice-cream and cold shakes,
Eating mom's handmade cakes.
Rejoicing summer all the way,
Thank you for listening all that I say.
Summer o summer

Priyanshi Singhal
2 B



गणेश चर्तुथी भगवान विनायक के जन्म दिवस पर मनाया जाने वाला पर्व है। यह भारत के कोने-कोने में हर्षोल्लास के साथ मनाया जाता है। यह प्रत्येक वर्ष भाद्र मास की शुक्ल चर्तुथी को मनाया जाता है। कहते हैं महान भक्त मोर्या गोसावी के अथक प्रयास से गणेश चर्तुथी सर्वव्यापी उत्सव बना। इसी कारण भगवान गणेश को ' गणपति बप्पा मोर्या



' भी कहा जाता है। इस उत्सव को दस दिनों तक गणेश जी की पूजा करके मनाया जाता है और चतुर्दशी के दिन गणेश विसर्जन करते हैं। भगवान गणेश माँ पार्वती और शिव के पुत्र हैं। एक बार भगवान शिव ने क्रोध में आकर गणेश जी का सिर काट दिया था, लेकिन माँ पार्वती के कहने पर फिर उन्होंने हाथी का सिर उनके धड़ से जोड़कर उन्हें जीवित कर दिया। गणेश जी के पुनर्जीवित होने के उपलक्ष में यह त्योहार मनाया जाता है। ऐसा माना जाता है कि भगवान गणेश बुद्धि, सिद्धि और संपत्ति का आशीर्वाद देते हैं। वे सभी के रक्षक और सभी बाधाओं को हरने वाले भी हैं।

मान्या

5 D

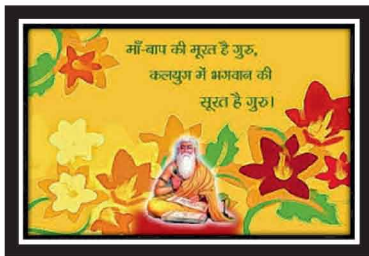
शिक्षक दिवस

भारत में शिक्षक दिवस प्रतिवर्ष 5 सितंबर को मनाया जाता है। इस दिन भारत के दूसरे राष्ट्रपति डॉ सर्वपल्ली राधाकृष्णनजी का जन्मदिवस होता है। मेरे सभी अध्यापक मुझे बहुत प्यार करते हैं। वे हम सभी बच्चों को अच्छी - अच्छी बातें सिखाते हैं। यह दिन मेरे जीवन में बहुत खास है। इस दिन का मैं वर्षभर इंतजार करती हूँ कि कब मैं विद्यालय जाऊँगी और अपने शिक्षकों का धन्यवाद करूँगी। किसी ने सच ही कहा है -

"गुरु गोविंद दोरु खड़े काके लागूँ पाँय।
बलिहारी गुरु आपने गोविंद दियो मिलाय।।"

इशिता भारद्वाज

4 C



जल मानव जीवन के लिए प्रकृति की देन है। मानव शरीर में दो तिहाई मात्रा पानी की है, इससे साफ है कि जल का हमारे जीवन में कितना महत्व है। पृथ्वी के हर जीव के लिए जल की बहुत ज़रूरत होती है।



पेड़-पौधों के लिए भी जल बहुत ज़रूरी होता है क्योंकि उनको बढ़ा होने के लिए जल चाहिए। जल का कोई आकार नहीं होता है। जल जीवन का सबसे आवश्यक तत्व है। यह समुद्र, नदी, तालाब, कुआँ, नहर आदि में पाया जाता है। हमारे जीवन में जल का बहुत महत्व है। हमारा जीवन तो बस इसी पर निर्भर है और यह हमारी धरती के लिए भी बहुत महत्वपूर्ण है। जल के बिना हमारे जीवन की कल्पना करना भी कठिन है।

सबसे बड़ी विडंबना यह है कि जल के महत्व को समझते हुए भी मनुष्य ने इसे दूषित किया है। जल-प्रदूषण के कारण अब पीने के लिए भी शुद्ध जल उपलब्ध नहीं है, इसके परिणाम अच्छे नहीं होंगे। यह भविष्य के लिए उचित नहीं है। जल जीवन को बचाने के लिए है हमें उसका उपयोग आवश्यकतानुसार करना चाहिए क्योंकि जल है तो कल है।

हना अग्रवाल

5 A

स्वतंत्रता सबका अधिकार

चाहे आदमी हो या जानवर, स्वतंत्रता सबका अधिकार है क्योंकि गुलामी से बड़ा कोई अभिशाप नहीं है। अगर किसी पक्षी को बंद करके उससे उड़ने का हक छीन लिया जाए तो चाहे कितनी ही सुविधा उसे दी जाए, वह खुश नहीं रह पाएगा। इसी तरह अगर हमें अपनी मर्जी से जीने का हक न मिले तो हम कभी खुश नहीं रह पाएँगे। इसीलिए हमारे देश को अंग्रेजों से आज़ाद कराने के लिए कितने ही लोगों ने अपनी जान दे दी। हम सबका यह कर्तव्य है कि हम अपने देश का सम्मान करें और अपनी आज़ादी की रक्षा करें।

जय हिंद

गर्व सिंह

5 C

पेड़ - पौधे

पेड़ पौधे, फल और फूल,
साफ़ रखें मिट्टी और धूल।
रखें सबको स्वस्थ ये सारे,
पेट भी भरते हैं ये हमारे।
जय हो जय हो पेड़ हमारे,
पूजनीय हैं ये पेड़ सारे।

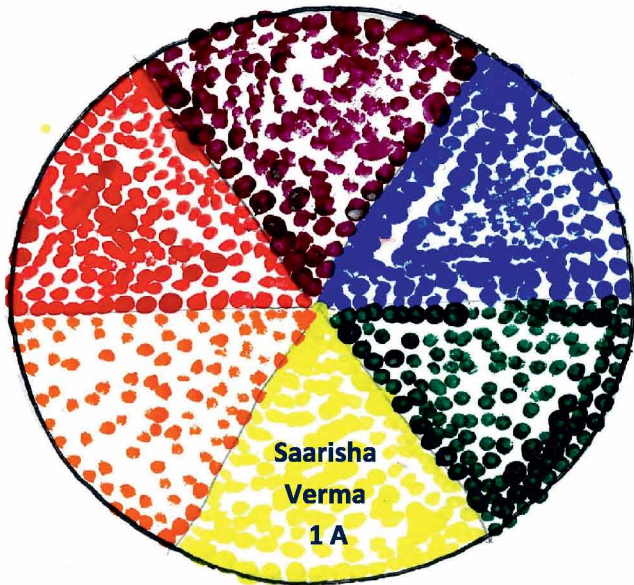


शव देव मित्तल

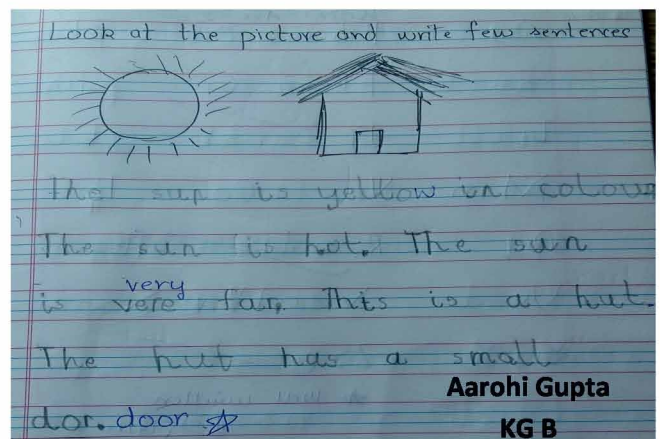
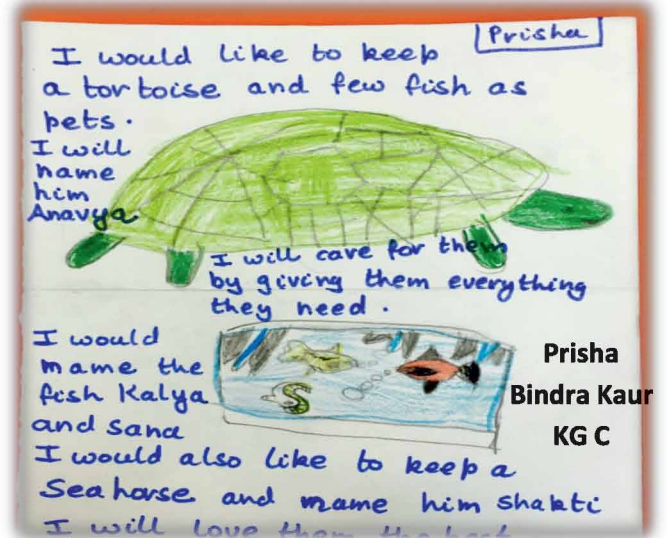
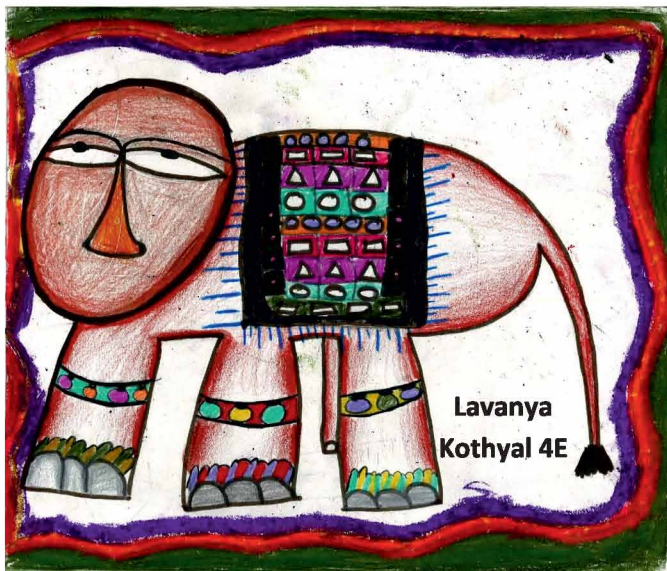
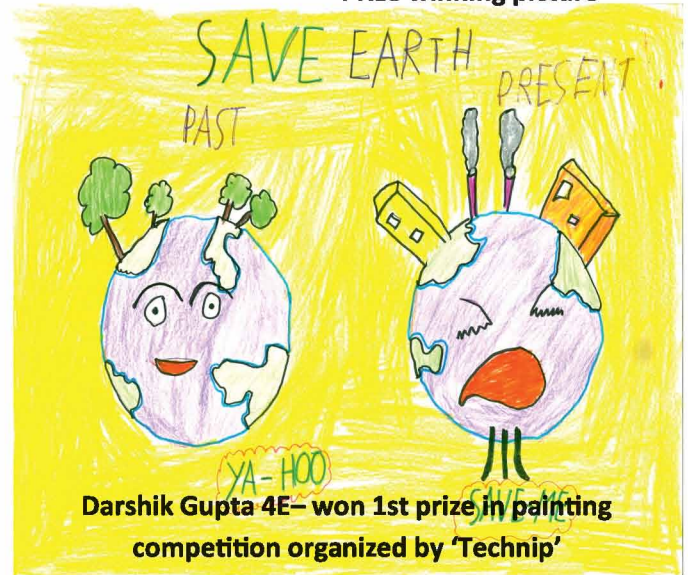
3 B



Artists at Genesis



Prize winning picture



Artists at Genesis

